

Full Moons *of the Year*

	Common Name	Less Common Name	Symbolic Value	Present-day Magical Relevance	Mantra	Manifestation Focus	How to Use
AFTER THE WINTER SOLSTICE							
January	Wolf Moon	Old Moon / Chaste Moon	In January, as winter's chill grips the land, food becomes scarce in nature. Legend has it that the haunting cries of hungry wolves inspired the name of this Moon.	Let's honor January's Moon with gratitude for the abundance of food and clean water. It's a time for cleansing and renewal, for starting anew and washing away the past.	Moon, shine bright, guiding me to nourish my body, mind, and soul. I am thankful for your nurturing energy.	Initiate new beginnings and release the past.	Set intentions for the new year, focusing on goals related to personal growth, abundance, and cleansing.
February	Snow Moon or Ice Moon	Hunger Moon	February often brings snowy landscapes in many parts of North America, giving this Moon its fitting name.	As colder temperatures keep us indoors, let's bask in the glow of the Full Moon while admiring nature's winter beauty. It's a time to acknowledge our individual beauty and gifts.	Brilliant Moon, illuminates the darkness of winter, infusing beauty into all that surrounds me.	Embrace inner warmth and self-love.	Reflect on what brings you joy and nourishment. Set intentions to cultivate self-care practices and strengthen relationships.
March	Storm Moon	Sap / Worm Moon	As the Earth begins to thaw with warming temperatures, sap starts to flow, and earthworms become active.	Embrace March's Full Moon as nature emerges from hibernation. It's a time to commit to achieving our goals and welcoming renewal.	Fair Moon, awaken my heart and eyes to conquer my aspirations and make the most of my time.	Harness the energy of renewal and growth.	Channel the momentum of the changing season to manifest projects and goals related to creativity, personal development, and transformation.
AFTER THE SPRING EQUINOX							
April	Pink Moon / Growing Moon	Sprouting Grass/Egg/Fish Moon	April's Moon marks the emergence of spring blossoms, celebrating early blooming wildflowers.	Let April's Full Moon inspire beauty in our lives. It's a time to acknowledge the Moon's influence and share kindness with others.	In April's blossoming light, may kindness and gratitude guide my actions and words.	Cultivate gratitude and appreciation for abundance.	Express gratitude for the blessings in your life and set intentions to attract more abundance and joy in relationships, career, and health.
May	Flower / Hare Moon	Corn Planting / Milk Moon	May is a time of abundance in nature, with life blooming everywhere.	Offer gratitude for life's abundance during May's Full Moon. Embrace the present moment and accept its rewards.	O' Moon, your shimmering light reminds me of life's endless beauty and blessings.	Celebrate growth and fertility.	Plant seeds of intention for projects, relationships, and endeavors you wish to see bloom and flourish in your life.
June	Strawberry / Mead Moon	Rose / Dyad Moon	In North America, June is the time for strawberry harvests, celebrating nature's bounty.	Set intentions to savour life's moments fully under June's Full Moon. Honor the sacred union of the god and goddess, bringing harmony and strength.	Full Moon, fill me with strength, joy, and courage to navigate life's journey.	Embrace harmony and balance.	Align your intentions with the rhythms of nature and set goals that promote balance, harmony, and connection in all areas of life.



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AFTER THE SUMMER SOLSTICE							
July	Buck / Hay Moon	Thunder / Wort Moon	July marks the regrowth of male deer antlers, symbolizing renewal and abundance.	Stay focused yet open to change during July's Full Moon. Seek clarity and gather medicinal herbs for future use.	Mystic Moon, guide me with clarity as I journey through life's twists and turns.	Harness energy shifts and clarity.	Stay focused on your goals while remaining open to change and new opportunities. Use the Moon's clarity to gain insight and make decisions aligned with your soul's desires.
August	Sturgeon / Corn Moon	Green Corn / Dispute Moon	August is the time for sturgeon runs, signaling abundance and prosperity.	Let the Moon's light illuminate the bounty in our lives. Reflect on what we may be missing and set intentions for abundance.	Bountiful Moon, fill the world with kindness, peace, and prosperity.	Cultivate abundance and prosperity.	Set intentions to attract wealth, success, and opportunities for growth in all areas of your life.
September	Harvest Moon	Barley / Vine Moon	September marks the time for harvest, illuminated by the bright Moon's light.	Absorb the Moon's energy to light our path and celebrate completion and insight for the future.	Your song of night sings a sweet melody, guiding me on my journey.	Reflect on gratitude and completion.	Express gratitude for the harvest of blessings in your life and set intentions to bring ongoing fulfillment and abundance.
AFTER THE FALL EQUINOX							
October	Hunter's / Blood Moon	Travel / Shedding Moon	October marks the time for hunting and gathering resources for the winter.	Reflect on what we need to "stock up" for the winter and honor those who have supported us along the way.	In October's Moonlight, may I find the strength to navigate life's challenges.	Gather resources and prepare for the future.	Reflect on what you need to support your goals and intentions. Take practical steps to gather resources and set plans in motion for the future.
November	Beaver / Snow Moon	Frost / Tree Moon	November is the time for beavers to build dams and prepare for winter.	Relax and immerse in the Moon's balancing energy, finding solace in nature's rhythms.	Let the Moon's whispers carry me to a place of peace and tranquility.	Prepare for inner and outer transformation.	Use the Moon's energy to release what no longer serves you and set intentions for personal and spiritual growth.
December	Cold Moon	Long Night / Oak Moon	December brings winter's icy embrace, a time for renewal and reflection.	Let the Moon's light warm our souls as we embrace the transition from darkness to light.	Though winter's chill may surround us, the Moon's warmth shines bright, guiding us through the longest nights.	Embrace renewal and introspection.	Reflect on the lessons of the past year and set intentions for personal renewal, growth, and transformation in the coming year.