



Discover your Soul's Purpose

The meaning of your life.

List the most important events/memories (positive and negative) and ask yourself:

1. What have you learned from them? How did you grow from them?
2. How can you use these lessons to help others?

Event/Memory	Lesson	Value to others



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1. What were your turning points?
2. What things made you happy?
3. Do you see any patterns?
4. What do you see your life has been heavily focused on?