



Discover your Soul's Purpose

Soul Dreaming

Close your eyes, connect with your heart and from there, imagine the life you've always wanted. Feel it, see it, hear it, smell it, taste it. You have permission to imagine everything you want, no limits. If you were told you can get anything you want, what would your life look like?

1. What do you dream of? What's the highest vision of your life?
2. What would be the benefits of you fulfilling your vision?
3. What qualities do you need to have in order to fulfill this vision?
4. What would you need to acquire/learn/develop in order to fulfill this vision?



Discover your Soul's Purpose

5. What would you need to believe in order to fulfill this vision?

6. What would you need to let go of/ release/ free yourself/ declutter from your life in order to fulfill this dream?

7. What is the #1 thing you need to ignite in the process of fulfilling this vision?